

What are youth saying about Child and Family Teams?

“If I would have had a CFT meeting, my family relationships would be a lot stronger today.”
- Chaney

“Decisions get made about your life with no input from you... how messed up does that sound?” - De’von

“If they would listen to me there would be more positive outcomes “ -DJ



Are you interested in setting up a CFT for yourself?

Contact your Social Worker or LINKS Coordinator for more information.

© Copyright 2014, Center for Family and Community Engagement, North Carolina State University. All Rights Reserved.

Child and Family Teams

It's all about you!



“R-E-S-P-E-C-T find out what it means to me”

© Copyright 1965, “Respect” Aretha Franklin

What is a CFT?

Child and Family Teams are family members and their community supports that come together to **create, implement and update** a plan **with** the child, youth/student, and family. The plan **builds on strengths** of the child, youth and family and addresses their **needs, desires and dreams.**

Definition endorsed by the NC State Collaborative for Children, Youth and Families, December 2007
NC Families United Newsletter, January 2008

Principles of a CFT include:

1. Everyone deserves respect. Respect yourself and everyone around you.
2. Communication works both ways. Let everyone's voice be heard.
3. I have many strengths.
4. Have a 'no judgments' environment.
5. It takes more than one hand to move a mountain. Work together to better the situation.
6. Trust takes time and patience.
7. No one knows me better than me.
8. It takes a village to raise a child.
9. Honor and respect my cultural differences. Culture is important so make sure the meeting fits who you are.
10. Help my family make sure I am safe. Your DSS worker's roles are to help your family and protect your safety.

Principles developed by SAYSO youth. 2010.
Revised 2014.

Child and Family Team Agenda

1. Welcome and introductions
2. What's our purpose today?
3. Decided-upon ground rules
4. Information sharing
5. Options to consider by youth
6. Developing the plan and who helps with each part
7. When do we meet again?

